



Press Release
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Thailand meets Taiwan

Asia's leading destination spa Chiva-Som will visit Taipei's award winning "Wellness Village" with a team of body therapist, chef and physiotherapist



From 18 to 24 April 2009, spa fans seeking a taste of Asia's original destination spa, Chiva-Som will have a unique opportunity to do so in the idyllic and extensive setting of "The Wellness Village" in Taipei.

This is the first time Chiva-Som's specialists will consult guests in Taiwan and the first time "The Wellness Village" hosts a destination spa from Thailand.

An exclusive 7-day event, "Chiva-Som at The Wellness Village", will offer famous spa cuisine recipes for lunch and dinner, cooking demonstrations and a range of spa and physiotherapy treatments. All this is open to members and non-members.

Chiva-Som specialists will be:

- **Kanitta Chatamma**, Senior Physiotherapist
- **Puangpet Kessri**, Body Therapist,
- **Kanyarat Thanomsaeng**, Executive Sous Chef

The programme at "The Wellness Village" will include:

- Daily spa cuisine menu in "The Wellness Village" restaurant – lunch and dinner
- A spa cuisine cookery demonstration - watch a live cooking demonstration and taste finished items
- Physiotherapy treatments – chose from physical consultation, Facia Release Technique, and Deep Tissue Massage
- Spa treatments – Thai massage, Thai Herbal Massage, Oriental Foot Ritual, and Back, Neck & Shoulder Massage

**For enquiries please contact Narumol Keadpukdee at Chiva-Som.
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Notes to editors:

For further information and photography, please contact Narumol Keadpukdee:
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About Chiva-Som

A secluded world of beauty and serenity, Chiva-Som is the "Haven of Life" – a luxury health resort dedicated to revitalising the mind, body and spirit. The beachfront resort in the Royal city of Hua Hin represents tranquillity at its best with luxurious accommodation, nestled within lush tropical gardens.

Focusing on greater well-being and vitality, Chiva-Som offers extensive fitness, spa and holistic health facilities to help you relax, restore, rejuvenate and redirect. Personalised programmes and treatments are designed for everyone, blending Eastern philosophies with Western diagnostic skills.

Chiva-Som is the proud recipient of numerous accolades, most recently 'Best Overseas Spa' Luxury Travel&Style Magazine 2009 Gold List; 'Spa Cuisine of the Year' AsiaSpa 2008; 'Favorite Spa in Thailand' and 'Top 10 Medi-Spas' Spa Finder 2008; 'Best Spa in the world' The ULTRAs-The Ultimate Luxury Travel Related Awards 2008; 'Best Overseas Spa' Luxury Travel&Style Magazine 2008 Gold List; 'Top 5 Overseas Spa Retreat' Conde Nast Traveller 2008 Readers' Awards (and every year since 1999)

About The Sous Chef

Since joining Chiva-Som in 2008, Kanyarat has dedicated herself to creating healthy and flavourful dishes using only the freshest and most wholesome ingredients available. By carefully combining the best tastes, textures and seasonings, she holds the firm belief that everything we eat should be tasty and nutritious as well as appealing to the eye.

About The Body Therapist

Puangpet is able to perform many ranges of body treatments including Ayurvedic style, and has exceptional Thai Massage skills. As a result of her magic hands, service mindedness and dedication to work for guests, Puangpet is voted to be the most popular therapist in our spa team.

About The Physiotherapist

Kanitta received certification in Facial Release Technique and Myofascia Release at the Institute of Holistic Healthcare in Hong Kong, and has many years of experience in Deep Tissue Massage and performing Physical Consultations. She is always going above and beyond in order to exceed guest expectations with a courteous and highly-professional service.

About The Wellness Village

Orient Retreat Wellness Village was founded in 1988 with the initial goal and vision of providing the highest standard of service and most luxurious facilities to clients in Taiwan. The Orient Retreat Wellness Village is an underground realm secluded from the busy streets of Taipei. This 20,000sqft complex offers a destination spa experience in the heart of the city as if you are miles away from the crowded metropolitan. Pamper your self in this serene sanctuary to rejuvenate your body, mind, and soul. Revitalize your senses from the various treatments, activities, and the gourmet dishes. At Wellness Village, you will not only receive relaxing therapies, delicious food, but they also have personal trainers and medical personnel to examine your overall health condition to ensure you receive a comprehensive service for improvement in your health, and illness prevention. If you are looking for an exotic destination spa treatment such as aquatic therapy, Thai massage, and Reiki, we also have highly trained therapists to perform these treatments. Since its official opening in June, they have already impressed many foreign travellers, tourists, and A-listers in Taiwan. As of now, Wellness Village has been regarded as a landmark and a representation of high society in Asia.

For more detailed press information on any of the above please contact:

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