



Press Release

March 2011

Experience a taste of Chiva-Som in Melbourne

Award winning health resort teams up with ISIKA at the Crown Metropol Hotel, 8-21 April 2011



The renowned Thai health resort, Chiva-Som is set to entice Melbourne diners and spa enthusiasts with an array of signature spa offerings when they showcase their award winning Spa Cuisine and Signature Spa Treatments at the private retreat, ISIKA at the Crown Metropol Hotel.

The internationally acclaimed destination spa has consistently garnered accolades for its innovative Spa Cuisine, including SpaFinder Magazine Reader's Choice Award for Best Spa Cuisine and the Spa Asia Crystal Award for Best Spa Cuisine Menu. Chiva-Som's Executive Chef, Paisarn Cheewinsiriwat will be based at ISIKA Day Spa & Urban Retreat from 8-22 April providing Melbourne diners with an experience that is at once healthful and sublime.

"Chiva-Som's Spa Cuisine revolves around their philosophy that food should be fresh, healthy and full of flavour. We combine fresh produce with quality herbs and spices to create flavours that not only tempt the senses but are also on par with the dining experiences found at the world's top restaurants," said Executive Chef, Paisarn Cheewinsiriwat.

Leading spa therapists from Chiva-Som will also be in Melbourne to perform some of the resort's most popular treatments including Rolling Release Therapy, The Haven Body Polish and the Chiva-Som Signature Massage. Chiva-Som treatments and mini retreats will be offered in conjunction with ISIKA specialty treatments and retreats.

"We are delighted to be showcasing our Spa Cuisine and Signature Spa Treatments at the Crown Metropol Hotel and working with their team of chefs and therapist who enjoy a shared commitment to excellence in the cuisine and spa arena. We look forward to introducing Melbourne to a taste of Chiva-Som this coming April," said Chiva-Som General Manager, Paul Linder.

During the two-week promotion, food enthusiasts are welcome to experience Spa Cuisine cooking classes in the extraordinary Culinarium Theatre at the Crown Metropol Hotel. A three-hour Spa Cuisine cooking class is priced at \$240, and spa treatments start from \$55.

ISIKA Residential Retreats will be a sought after experience during this collaboration with the award winning Chiva-Som Health Resort.

To register your interest and for more information, please call ISIKA on +61 3 9292 8327 or email jsikachivasom@crownmelbourne.com.au for bookings.

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