



## A FUSION OF HOLISTIC MODALITIES WITH DR. AARON J. BULLINGTON, ND, EAMP, LMP



Dr. Bullington provides specialist services blending Traditional Chinese Medicine principles with Naturopathic bodywork, massage and energy healing. Every treatment is personalised, so you will experience a deeply soothing and transformative treatment as all realms of your being fall into balance, supporting, celebrating and discovering the richness of your own healing journey.

Dr. Bullington specialises in effective treatment for:

- Stress
- Insomnia and sleep disorders
- Shoulder and back Pain
- Acute chronic illnesses
- Fears and anxiety
- Release of connective tissue to deeply relax, revitalise and rejuvenate the mind, body and spirit
- Digestive disorders
- Immune health, colds and flu
- Migraines
- Muscular tension
- Anger and forgiveness

### **About Dr. Bullington**

Dr. Aaron J. Bullington has over fifteen years of experience in the healing arts, along with thousands of hours of training. As a Naturopathic Physician, Acupuncturist, Chinese Herbalist, and Massage Therapist, he is able to integrate a unique combination of therapeutic approaches into each restorative session. Pulling from his extensive professional experience and time spent living and learning internationally, he skillfully encourages healing and wholeness by helping unite each person's individual physical, mental, emotional, energetic and spiritual selves.

Owner, Naturopathic Physician, East Asian Medical Practitioner, Licensed Massage Practitioner, Body Realms, PLLC, WA, USA

Licensed Acupuncturist and Licensed Massage Practitioner, Yaun Spa, Bellevue, Washington, USA

Program Assistant and Anatomy and Physiology Instructor, Green Mountain Institute for Integrative Therapy, Luz, Portugal

Core Instructor, Northwest Academy for the Healing Arts, West Seattle, Washington, USA

For more information, please contact H&W Reception to book a free chat with Dr. Bullington