



## **Spiritual Healing** **with** **Jacqueline Bourbon**



A highly sought after Healing Medium, Spiritual and Transformational Teacher and Coach, Jacqueline works principally throughout Europe, North America and Thailand. She is a Tutor at the internationally recognised 'Arthur Findlay College' (in Essex, UK) for the advancement of Psychic and Mediumistic Studies. She has studied, practised and taught Healing, Mediumship and Meditation extensively throughout the World for nearly twenty years. She has just spent the past year training in Tai Chi, Qi Gong and healing practices in China, Tibet and Nepal.

She is also a very experienced Business Consultant and Entrepreneur. Using her unique skills and training with a degree in Psychology, her background as a Sports and Business Coach for more than twenty five years, and her sensitivity and intuition, she combines the philosophies of both East and West with Spiritual values and applies them to the business world, to help people to realise and develop their own potential to become the best that they can possibly be.

Jacqueline is honoured to offer some of her experience in Spiritual Healing, Spiritual Guidance and personal transformation at Chiva Som. All consultations can be used to address a wide variety of spiritual, mental, physical and emotional issues, especially those that you can not quite 'pin down' or identify and resolve.

### **Spiritual Healing**

Linking to those higher powers accessible through the Spirit World and God, Spiritual Healing is a transfer of energy by the Medium to individuals and has long been a recognised and effective practice. As Spiritual healing works simultaneously on many levels: physical, mental, emotional and spiritual, it is extremely powerful, if you are interested in resolving the underlying cause(s) of the problem, rather than just alleviating symptoms.

Jacqueline has significant experience working particularly with repeated or prolonged illnesses or problems or addictions; critical illnesses such as Cancer, and also working with those people suffering emotional, mental or physical distress and issues due to trauma, grief or personal crisis. In general, Spiritual Healing conducted by Jacqueline is without physical touch, although this may be required for certain physical conditions.

### **Transformational Coaching**

Using an individually tailored combination of guided meditation and/or spiritual counselling or healing, these sessions are designed to help you connect with your own Spirit, or 'Higher Self' to identify issues and resolve them.

These sessions can be particularly useful where you want to address issues with other individuals in your life without direct confrontation. They will also provide you with a tool to heighten your own intuition, and enhance your own personal power. Each session will be personally tailored, to allow you to focus on any issue, whether health, emotional or work related, and are aimed at helping you to shift old energy and patterns in an unconscious and conscious way, and establish new, healthier and more satisfying ways of living. These sessions can also be used to increase success or confidence in your life.