



Integrated Healing
with
K. Kamonwan Khamching



Nok is an intuitive healer and a natural counselor who helps her clients recognize and reach their full potential. She trained and practiced Holistic Kinesiology in Melbourne, Australia prior to moving back to Bangkok where she is currently based and has her private practice (www.innerbalance-kinesiology.com).

In her Integrated Healing sessions, Nok uses a combination of tools and techniques i.e. acupressure points, flower essences, sound (tuning forks), chakra balancing and visualization to clear energy blocks and imbalances on physical, emotional, mental and spiritual level. The aim is to gently release the blockages and restore a balanced state of well-being that brings harmony and inner balance.

Nok has helped people with different issues ranging from physical complaints such as aches/pains, fatigue, digestive problems, infertility, to emotional issues such as stress, fear, anxiety, depression, addiction, insomnia and also for other areas such as relationship issues and life change as well.

With her lifelong interest in healing and spirituality, Nok has practiced Tai Chi, Qi Gong, yoga, meditation, Reiki and Quantum Touch. Using her own strength as a bridge between Eastern and Western traditions, Nok brings with her a deep understanding and compassion to facilitate each individual's healing process.