



Harmonic Energy Healing & Bodyworks with Patricia Roche



Harmonic Energy Healing (90mins) realigns your energy, balances your chakras and aura. It clears past, present and potential future negative patterns/memories in your body and bio-energy field.

On the physical level, Harmonic Energy Healing

- Eases unexplainable pain, swellings, trauma, fatigue, depression and insomnia as well as any disorders and diseases
- Deals with core emotional pain and issues, family and relationship patterns
- Excellent for pre and post surgery, chemotherapy and radiotherapy support

Harmonic Bodyworks (1hr)

- Realigns your **body, hips, posture, tmj**
- Energizes **organs, lymph, blood** and **meridian systems**
- Eases pain due to **joint inflammation, arthritis** and any other inflammatory processes.
- Helps **release toxins, acidity, stress, knots** and **tensions**
- Removes blockages to ease the flow of nutrients, blood, oxygen and water in your body

"Pat is a wonderful soul and she has versatile healing methods. In Jan '07, I had a 2-hr session with her where she hardly touched me. Immediately after, I felt like I had a very strong deep tissue massage.

I went to see Pat again for more healing... I loved sound healing... never had it before. It is a great treatment because it touches areas, which are untouchable by any other methods. I also liked body adjustment in the standing position, where I found myself meditating whilst standing. Such a great experience, loved it. The most important thing is that she 'fixed' me. She taught me how to deal with my fears... the list goes on. God bless her. Mimi, Hong Kong

Harmonic Healing & Bodyworks (2hrs) – Patricia brings energy and intuitive bodyworks at their best to assist you in your journey of self-healing and recovery.