



QEPR (Quantum Emotional & Physical Release) **with Paul Emery**

'AsiaSpa Award - Holistic Treatment of the Year 2010'



Paul T. Emery

'The miracle therapist!' Marie Claire / Editor

'It was definitely a motivational session that truly made me feel good...I'm sure that anyone who participates in these sessions will definitely feel much better' Harper's Bazaar

Award winning QEPR (Quantum Emotional & Physical Release) and its innovative techniques have been used to treat many thousands - from soldiers suffering from PTSD, to stressed out CEO's, to those wanting to cure their fear of public speaking, overcome worry, relieve chronic muscular aches and pains, even how to correct the impact stress has on their health or check for food intolerances.

Your tailored QEPR consultation can include help with any of the following:-

Emotional

- Stress, anxiety, worry, fears, phobias, depression, love pain, anger, panic, sadness, grief

Weight Loss-/-Diet-/-Detox-/-Quit Smoking

- Cravings, Emotional/uncontrollable eating/drinking/smoking/hunger, Heightened emotions

Acute or chronic physical problems

- Headaches, migraine, stiff or tense neck and shoulders, chronic muscular aches & pains

Testing

- Kinesiology muscle testing for food/environmental and other sensitivities
- Bio-feedback (computer) stress test to improve mind and body reactions

QEPR's core foundation is based on the ancient Chinese principles of the 'Meridian Energy System' as used in acupuncture, improved however by 'tapping' specific upper body acupressure points, proven to quickly yet permanently release all your emotional plus many physical problems. QEPR is also founded on the ground-breaking psychological techniques of Thought Field Therapy (TFT), Emotional Freedom Techniques (EFT), Neuro-Linguistic Programming (NLP) plus Paul's own unique style, discoveries, innovations from the past 30 years.

One to two consultations are all that are usually required by most for a specific problem. Additionally simple techniques can be shown for future use, and home Skype consultations can also be requested.

Paul is an internationally renowned therapist who has helped many people from all walks of life from doctors and movie stars to royalty and rock stars. Has appeared on international TV including Fox, Sky, 'Ender Sarac' show and Australia's CH 9 hit TV series 'Celebrity Overhaul'. Also in many magazines and newspapers including Financial Times, Sunday Independent, Sydney Morning Herald, Gala, Women's Health and has worked at many of the world's top resorts from Thailand to Turkey.

'Paul is great...it helped me!' Kate Moss, Supermodel