



Healing Your Life with Paul Lennard



The aspects of a person are so intricately intertwined and connected that an emotional problem long ago can be the cause of a physical problem today. The mental aspects of this problem could be holding someone back from achieving their potential.

Unconsciously the body can be holding on to the memory of something that may have happened to the person during childhood. This is because the unconscious has no concept of time.

Paul is an energy therapist and works on every level such as physical, mental, emotional and spiritual. Depending on the individual need of the patient, he will combine his own unique type of therapy, with Deep Tissue Massage, Cranio-Sacral Therapy and Chi Nei Tsang.

Paul can sense every person's energy field and can often see events in a person's life that have led to a physical manifestation of a certain problem. Sometimes these events have already been wiped from the conscious but are having profound effects on the person.

During the treatment, Paul will pinpoint the problem and release it from where the unconscious is literally plugged into an event or feeling that may have happened years before. This unplugging will have a domino effect on both an emotional and physical level, releasing issues that have been unknowingly affecting the present moment.

Paul has had success with his therapy in treating many different types of illness, often life-threatening, whether physical, emotional, mental or spiritual. There is nothing to stop you from achieving your total well-being except your conscious mind. Give yourself permission and anything is possible!