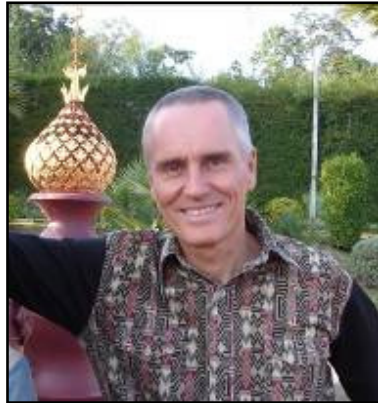




Heavenly Head Massage and Therapeutic Rocking Massage by Shama



Shama has been a leading innovator, therapist, healer, and teacher in the healing arts world for over 12 years. He is well known for creating two unique healing modalities:

Heavenly Head Massage is a totally unique blend of body work and energy work. It takes you into another world... a state of beautiful, deep, healing relaxation, a state where stress and anxiety melt away and are replaced by blissful well-being. You feel like in a deep meditation, and experience the pure pleasure of gentle, transformational touch. It truly is a heavenly experience.

The focus is on the upper body: shoulders, neck, head and face. If you have headaches, worries, difficulty calming your mind, or could use an energy tune-up, Heavenly Head Massage will make you feel like a new person. Many clients have stated that they have never before experienced such profound levels of relaxation, well-being, peace, and balance. Shama can also work 'heavenly magic' on your neck.

"Before your massage, every part of my body ached. And now I feel soft, tingling all over, and like I am walking in a dream. "Heavenly" just begins to describe it." - Lara Pilla

Therapeutic Rocking Massage, also a unique innovation of Shama, is a beautifully flowing application of physical manipulations. The body is kept in constant motion through gentle rocking techniques. It is highly effective in releasing shoulder-, back-, hip-, knee- and leg-issues. Besides reducing pain and stiffness, and releasing tension, you will feel Chi energy moving through your entire body in a delightful sensation.

"I have a persistent shoulder problem which has been causing me a lot of discomfort. I have tried many therapies and it was not until I had a session with Shama that I started to get relief. His techniques are very different from other massages I had. He has the ability to get straight to the source of the problem. I also found it refreshing that he actually listens to what I have to say and works on the areas where I feel I need the attention. After several sessions with him I can honestly say that this is the first time in a long time that I feel a steady improvement." -Liam C.