



Shinkyu & Biyo Shinkyu Acupuncture & Moxibustion for your health & beauty With Takeshi Kitagawa



12- 27 July 2010

Shinkyu is the Japanese Acupuncture & Moxibustion treatment, and Biyo Shinkyu is the art of Cosmetic Acupuncture from Japan. Takeshi Kitagawa is well known Shinkyu practitioner and is the most famous for this cosmetic art.

Shinkyu is helpful for symptoms or disease caused by stress or using PC such as stiff neck or shoulders, tonic headache, stomach problems, dry eyes, insomnia, etc, and you would like to stimulate your own healing forces as well as tone your circulation of the Qi (vital energy) and blood.

Biyo Shinkyu helps to rejuvenate and improve the skin, stimulates healing and makes it healthier. The practice is different from normal acupuncture, including facial acupuncture, using more needles in a concentrated area, helping to counter aging, wrinkled and sagging skin. If your features are tired, your eyes are baggy and your skin is without luster. Facial acupuncture is non-surgical procedure for tightening loose skin, which can give you a smoother and more youthful appearance.

Natural beauty of a human being is always related to the health. Nothing but healthy body and spirit can produce your youthful and beautiful appearance. Therefore Biyo Shinkyu is also related to the health promotion and also medical treatment if necessary. The treatment makes you healthy internally which as well appears externally. Biyo Shinkyu gives Health and Beauty benefit, it might be for you.

Takeshi is a licensed acupuncturist, who has established the YOJO SPA in Tokyo and practices acupuncture and traditional East Asian cosmetic medicine. He is also an instructor, teaching cosmetic acupuncture in the Department of Acupuncture at Suzuka University of Medical Science as well as an advisor to Trident College of Sports Medical Treatment Nursing; he is also the Chairman of the Japan Health Beauty Acupuncture Association and the Japan TCM Cosmetology Association.

He is actively engaged in education, lecturing, writing, and translation aside from his clinical practice.