



Healing Acupuncture & Moxibustion for Your Health & Beauty With Takeshi Kitagawa



"Shinkyu" is the Japanese practice of acupuncture and moxibustion. "Biyo Shinkyu" is the practice of applying acupuncture to beauty treatments, and Mr. Takeshi Kitagawa is the world leader of cosmetic art.

Today, Shinkyu is often used in the treatment of common symptoms caused by stress such as painful neck and shoulders, tension headaches, digestive problems, dry eyes, insomnia, etc. Shinkyu works by simulating your body's own natural healing forces and tonifying the vital energies or Qi (pronounced "Chi").

Biyo Shinkyu helps rejuvenate the skin and improves tone by stimulating healing and enhancing the skin's overall health. Biyo Shinkyu takes a very different approach to treatment compared with general acupuncture. To begin with, more needles are used in concentrated patterns particularly on the face. Facial acupuncture is a non-surgical procedure for the tightening of loose skin to give a smoother and more youthful appearance, by helping to remove the effects of aging such as wrinkled and sagging skin, as well as countering features of tiredness such as baggy eyes and lack of skin luster.

Takeshi is a licensed acupuncturist practicing in Tokyo, Japan where he founded the YOJO SPA. **He practices medical acupuncture as well as traditional East Asian cosmetic medicine.** He is also an experienced instructor, with a teaching post at the Department of Acupuncture at Suzuka University of Medical Science in Japan, as well as an advisor to the Trident College of Sports Medical Treatment Nursing. Takeshi is chairman of the Japan Health Beauty Acupuncture Association and the Japan TCM Cosmetology Association.

In addition to his clinical practice, he is the author of numerous articles and books, and is a frequent guest lecturer at educational establishments around the world.