



InterX AND QUANTUM MEDICINE TREATMENTS WITH ZULIA FROST, MD



Quantum medicine and InterX are backed up by scientific and clinical research and have been in use for more than two decades worldwide.

Arthur C Arthur C Clark once said: 'Any sufficiently advanced technology is indistinguishable from magic'....

Dr. Frost is bringing the magic of healing to her practice with truly energetic technologies that serve the purpose of reigniting the body's natural resources, whether to heal old or on-going injuries, or to regain functional freedom and flexibility.

You can expect a complete resolution with InterX. The treatment is non-invasive, does not have any side effects, is comfortable and suitable for all ages. To add to the array of services, Dr. Zulia also works with light therapy, using low intensity non-damaging lasers. This type of treatment is beneficial for those with exhaustion and on-going stress. To get an immediate energy boost, the laser beam is shone directly onto the blood with various frequencies in sequence. This is called 'quantum medicine'. The effects are phenomenal. The pure raw photonic energy of light is immediately distributed around the whole body. One can sense the energy presence as an ultimate state of balance, where the body and mind merge as one. The effects are accumulative and essential in treating any chronic condition to increase energy levels. Athletes wanting to improve their sport performance and endurance can greatly benefit from this treatment.

The principle treatment technology used is called InterX. Developed in Russia, this technology was designed to keep cosmonauts in peak health. Dr. Frost studied InterX with the inventors in Russia and she is a world recognised expert, therapist and trainer. The technology is based on ancient Tibetan tapping techniques using electrical pulses at specific frequencies. InterX has biofeedback that interacts with the body, adjusting the frequency to allow the body to focus on the cause of the pain or injury and jump start the healing process leading to a faster recovery. It works on any type of;

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| • Neck or back pain | • Stiffness or poor joints | • Sports injuries | • Migraines |
| • Painful irritable bowel syndrome | • Non-healing tendon injuries | • Fatigue, insomnia and physical decline | • Chronic conditions that lower energy levels |

About Dr. Zulia Frost

Zulia is a qualified medical doctor, trained in Russia. She has a post graduate degree in TCM and Acupuncture from Beijing University. She has been pioneering bio-physical applications worldwide. Her broad training and understanding of Eastern and Western therapeutic approaches, combined with many years of experience, makes Dr. Frost's treatment unique and effective.

In Zulia's view, diseases can be prevented by changing life style & habits. A healthy state can be maintained through good nutrition, exercise and stress control programs. Dr. Zulia brings a high-tech German 'Hair Bio-Profiler' for her patient's wellness assessment. This is a bio-resonance test that identifies if you lack essential amino and fatty acids, vitamins, minerals, antioxidants or whether you are under environmental stress or if there is any toxicity in the body. The profiler uses a hair sample and takes less than 10 minutes to produce a comprehensive bio-profile report followed by a consultation.

for 50 minutes session

For more information, please contact H&W Reception to book a free chat with Dr. Frost



SIX STEP PROGRAM InterX AND QUANTUM MEDICINE TREATMENTS WITH ZULIA FROST, MD (50 minutes each for 6 sessions)



In Zulia's view, disease starts when the cellular energetic processes are damaged by environmental stress, toxicity, infection, or overwork. Fundamentally, restoring energy can reignite the cell, hence enable self-healing. Zulia offers a comprehensive program to get your health back on track in a 6-step program:

InterX works on any type of pain, stiffness or poor joints, sports injuries, migraines, painful irritable bowel syndrome, non-healing tendon injuries and so on; you can expect a complete resolution with InterX. The treatment is non-invasive, does not have any side effects, is comfortable and suitable for all ages. Athletes wanting to improve their sports performance and endurance can greatly benefit from this treatment, too.

Step 1 Environmental Stress and Nutritional Deficit Assessment

A high-tech German 'Hair Bio-Resonance test' for wellness assessment. A small hair sample is used to get an instant comprehensive bio-profile report, to detect environmental stress/toxicity, or lack of essential vitamins and minerals and food intolerances

Step 2 Energetic Mapping

For this mapping Zulia uses a Neurostimulation device – the InterX. The technology is based on an ancient Tibetan tapping technique using electrical pulses at specific frequencies and feeds back information to the brain. In return, the body adjusts the frequency, focusing on the cause of the imbalance/pain and jump starts the healing process, leading to a faster recovery

Step 3 Energy Infusion

To get an immediate energy boost, light therapy is used with low intensity non-damaging lasers. The laser beam is shone directly onto the blood with various frequencies in sequence. The effects are phenomenal, pure raw photonic energy is immediately distributed around the body the effects are accumulative and require a few sessions to build energy back

Step 4 Emotional Healing

We keep our emotions in our stomach, this is also the 'factory' producing all your essential neurochemicals and hormones in the body. This session is focused on balancing bowels and stomach, releasing long standing negative emotions and helps to optimize the way your bowel works, losing inches off your stomach. It is combined with light therapy for the best results

Step 5 Stress Outlet

Tight scalp, tensed shoulders, tired eyes, and teeth grinding. Here are just few signs of on-going stress. In this session InterX is used to release tension from head to toe, to finally balance your autonomic neural system. Thus helping sleep induction and full relaxation

Step 6 Final Tuning

The last session brings all of the elements together, leaving you feeling fully refreshed, energised, detoxed, and able to sleep and digest, using neurostimulation on the spine and light therapy

Six Step Program for 6 session / 50 minutes per each session

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