





CLASS & ACTIVITIES SCHEDULE


13<sup>th</sup> – 19<sup>th</sup> October 2025





*Chiva-Som*

π s m l c g



Some classes incur an additional charge—please reserve a place with the Health & Wellness Reception (Ext. 3).

Please shower before taking part in water activities; tie up long hair or use a bathing cap. Class instructors may change without prior notice.

No-shows or cancellations with less than 3 hours advance notice will incur a 50% cancellation fee.

	Taste of Siam
BREAKFAST	07:00 - 10:30
LUNCH	12:00 - 14:30
DINNER	18:00 - 21:00